

## Sowing the future together: Good fruit

### Creative ideas for prayer

*Use and adapt to suit a variety of contexts*

The fruit of the righteous is a tree of life.  
*Proverbs 11:30*

### In preparation:

Create a prayer tree – either on paper as a picture or as a 3D model.  
Make labels in shape of fruit.

### Prayer activity:

Reflect prayerfully on the fruit you hope to grow from your plans for the future.  
Write these on the labels and place on the tree.  
Use as a prayer resource.

### Further ideas:

- Use this image to create on paper personal prayer resources.
- Consider how to represent prayers for those with whom you are working to sow the future.
- Reflect on the importance of spiritual feeding and watering of our lives and our work in order for both to flourish. Consider creative ways to represent this and use these as a further prayer resource.
- Explore ways to use the fruit of the Spirit in *Galatians 5:22-3* as a creative prayer resource.

